



# Home Study

## Learn about Frogs

Ages 4-8

Subjects: science & nature, art, music, mindfulness



### 1. Watch

Scout & The Gumboot Kids – *The Case of the Spotted Jelly* (5min): [vimeo.com/imaginecreatemedia/the-spotted-jelly](https://vimeo.com/imaginecreatemedia/the-spotted-jelly)

### 2. Reflect

- What was the spotted jelly? What other animals hatch from eggs?
- Have you ever seen a frog? If so, where and when? What did it look like?

### 3. Mindful Moment

Try sitting still, calm, alert and attentive. Frogs can sit very still and alert for a long time. Take a moment to imagine you are a frog, sitting quietly. Take a few relaxed, easy breathes. Notice how your body feels. When you're ready... try leaping like a frog! Notice how you feel after these two froggy inspired movements.

### 4. Field Notes

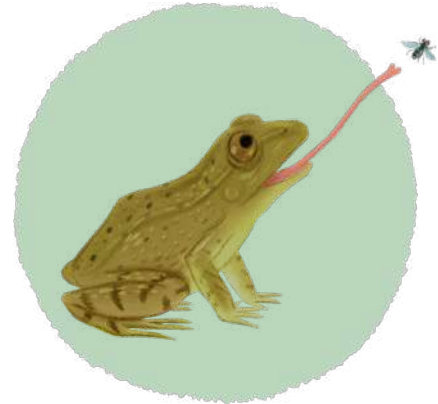
- Draw and label the life cycle of a frog. See the Learn about Frog inspiration link.
- Sketch the animals and their baby's names you made a list of.
- Draw yourself sitting and leaping like a frog. How did you feel?

### 5. Sing Along

Jessie Farrell & The Gumboot Kids – *Frogs* (3min):  
[bit.ly/3fm3wBt](https://bit.ly/3fm3wBt) Lyric Sheet: [gumbootkids.com/lyrics](https://gumbootkids.com/lyrics)

### Bonus – Read

Check out the Gumboot Kids Nature Mystery storybooks:  
[gumbootkids.com/read](https://gumbootkids.com/read)



#### Inspiration

Frogs:

[bit.ly/2WTO7kc](https://bit.ly/2WTO7kc)

Field Notes:

[bit.ly/3dEval8](https://bit.ly/3dEval8)

#### Read

Gumboot Kids Storybooks:

[bit.ly/2FxUkvq](https://bit.ly/2FxUkvq)



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