



# Home Study

## Learn about Butterflies

Ages 4-8

Subjects: science & nature, art, music, mindfulness

AS SEEN ON



CBC Kids

### 1. Watch

Scout & The Gumboots Kids — *The Case of the Vanishing Caterpillar* (5min):

➤ [vimeo.com/imaginecreatemedia/the-vanishing-caterpillar](https://vimeo.com/imaginecreatemedia/the-vanishing-caterpillar)

### 2. Reflect

What did you learn about caterpillars and butterflies? Why did the caterpillar vanish? What is a chrysalis? Have you ever seen a caterpillar? A butterfly? If so where and when? What variety of butterfly did you see?

### 3. Mindful Moment

A caterpillar reminds us that change is part of nature, why you yourself change a little bit every day. Butterflies show us that change can be beautiful and graceful. How have you changed lately? Grown taller? Learned something new? Have you had to adapt because of something new in your life? A new sibling?

### 4. Field Notes

Draw and label the lifecycle of a butterfly. Record your reflections, mindful moments and anything else you'd like to include about butterflies in your field notes.

### 5. Sing Along

Jessie Farrell & The Gumboots Kids — *Magical Moment* (2min):

➤ [vimeo.com/imaginecreatemedia/butterflies](https://vimeo.com/imaginecreatemedia/butterflies)

Lyric Sheet: ➤ [gumbootkids.com/lyrics](https://gumbootkids.com/lyrics)

### Bonus — Nature Craft

Daisy & The Gumboots Kids — *Flower Petal Art* (3min):

➤ [vimeo.com/imaginecreatemedia/flower-butterflies](https://vimeo.com/imaginecreatemedia/flower-butterflies)



### Inspiration

Butterflies:

➤ [bit.ly/2JoM1Rr](https://bit.ly/2JoM1Rr)

Field Notes:

➤ [bit.ly/3dEval8](https://bit.ly/3dEval8)

### Read

Gumboots Kids Storybooks:

➤ [bit.ly/2FxUkva](https://bit.ly/2FxUkva)



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